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# Open Mind

The Bulletin of Rosslyn Hill Unitarian Chapel

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April 2014

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*Let there be joy in the springtime  
and celebration of nature's ebullience.  
Let there be Easter eggs and the Easter bunny  
and the magic of childhood.  
Let there be freedom for the oppressed  
and hope for the despairing.  
Let there be a resurrection  
of the human spirit to abundant life.*

Rev Cliff Reed



## April Services

**Sunday 6 April (11.00am & 7.00pm)**

**Service led by The Chapel Book Group**

***'The World of Reading.'***

This will be a somewhat belated celebration of our 15th anniversary which was in November of last year. Come join us for worship today...and bring a friend along.

**Sunday 13 April (11.00am & 7.00pm)**

**Rev Dr Patrick T. O'Neill preaching**

***'On Remembrance'***

Psychologist Alan McGlashen reminds us, ' human beings must remember if we are not to become meaningless, and we must forget if we are not to go mad...Memory is that rainbow bridge flung in a magical instant between the present and the past.' But theologian Paul Tillich added that how we remember our days, and equally important, what we forget of them, partly determines the kind of spiritual persons we become. Come join us for worship today...and bring a friend along.

**Sunday 20 April (11.00am & 7.00pm)**

**Easter Sunday**

**Rev Dr Patrick T. O'Neill preaching**

***'New Beginnings'***

The message of Easter, the message of Passover, indeed the message of Spring coincide and combine to remind us that we are all as much participants in the miracle of renewal as we are its recipients. Come join us for worship today!

**Sunday 27 April (11.00pam & 7.00pm)**

**Rev Dr Patrick T. O'Neill preaching**

***'Permission To Be:  
Some Thoughts on Parenting'***

Marion Wright Edelman of the Children's Defence Fund says there are a thousand ways to describe the role and obligations of parenthood, all the important and essential things a mother or a father or a grandparent can provide to a child at the start of life; but surely it doesn't get more basic or fundamental than this: parents give their children permission to be children, permission to be the individuals that they are, permission to laugh and be silly when the spirit moves them; permission to cry when life hurts them. Come join us for an interesting morning!

## The Rosslyn Hill Unitarian Chapel in the heart of Hampstead



Unitarianism is spirituality without dogma and welcomes people of all religious faiths as well as those who are humanistic. Unitarians cherish and live by the values of love, compassion, a free mind, service to others, human dignity, and other similar values. It encourages each person to deepen their relationship with God, yet allows each person to understand God in their own unique way.

### The Chapel holds two services on Sundays, at 11.00am and 7.00pm

The morning service is more family-oriented, including activities for children led by professionally trained leaders, and a Children's Chapel is offered for children of all ages. The evening service is more intimate for those who prefer a more meditative tone.

### Visitors and guests are always welcome!

The Chapel also offers a rich programme of social activities, covering a wide range of interests such as literature and poetry, Tai Chi, choir singing, monthly lectures, and a variety of monthly events for all age groups.

The Chapel is licensed for marriages, civil partnerships and other ceremonies.

For more information, visit our website at  
[www.rosslynhillchapel.com](http://www.rosslynhillchapel.com)

### Publisher's Statement:

"Open Mind" is a tool of outreach for Rosslyn Hill Unitarian Chapel. The views expressed in this publication reflect the spirit and substance of Unitarian values, as well as matters of concern to Unitarians, but are not necessarily shared by all members.

### Submitting copy:

Unsolicited copy is welcomed and should be emailed to: [RHUCbulletin@yahoo.com](mailto:RHUCbulletin@yahoo.com). All submissions may be edited for content and length (200 words) at the discretion of the Communications Team, which also reserves the right to reject unsuitable material. **Deadline** for submitting items for the **May** issue of 'Open Mind' is **Friday 19 April 2013**.

## From the Editor

On Sunday 23 March, during the evening service, a large group celebrated the 'Spring Equinox' focusing on renewal, growth and hope. We focused on the ancient Eastern symbol of yin-yang, meditated on balance honouring both sides of ourselves - the dark and the light - and embracing our duality.

We blessed and planted seeds in individual pots and visualized these seeds representing the things we want to grow in the coming months. One of my visualizations was to build on the success of the 'Wheel of the Year' celebrations and contribute to making our 'Sunday Evenings at the Chapel' something special this year.

The 'Wheel of the Year' helps us to understand the rhythms of the seasons and our connection to the land. The main impulse of all the seasonal festivals is one of worship and interaction with the cycle of nature.

The Wheel is celebrated in many different traditions and most traditions celebrate eight seasonal festivals - Imbolc (Candlemas), Ostara (Spring Equinox), Beltane, Litha (Summer Solstice), Lughnasad (Lammas); Mabon (Autumn Equinox), Samhain (Halloween) and Yule (Winter Solstice).

In 'PO'Nderings (p. 3), our Minister speaks of his hope to make 'Sunday Evenings at the Chapel' something special this year. He proposes a new format that will vary what we do on Sunday evenings and hopefully attract more attendance. I echo his request to everyone, 'to please come some Sunday evenings and lend us your presence and your energy' to enliven and enlarge these gatherings. Please call the Minister (020-7435-3506) if you can help with this project.

**Ingrid Tavkar**

### From a meditation by Robert Fulgum (adapted)

The members of this congregation – you and I – we – are tangled up with one another – woven together in a unique fabric called Rosslyn Hill Unitarian Chapel. Sometimes we understand why we are here together. Sometimes we don't. Sometimes we will talk about our being in this place together. Sometimes we can't. But we keep showing up here on a pretty regular basis. Because there is more of something here than any place else for us. And that something is essential to our well-being. That something is community – religious community. Common concerns, common needs, common principles - These bind us together as an extended family. May this place ever be a place where we sustain, support, encourage and love one another. So may it be.

*(Opening Words used by Rev Johanna Boeke)*



## PO'Nderings

From our Minister  
Rev Patrick T. O'Neill

For some years now our Chapel has offered an evening worship service on Sunday evenings. In style, format, and attendance, these evening services have been quite different from our Sunday morning services, and they have gone through several incarnations over the years. Most often, a small group of four to seven people gather in a meditative circle, light candles of joys and concerns, listen to the minister's sermon, and share thoughts and reflections on the theme. Our Wheel of the Year Group lead services observing the eight earth-based holy days – Imbolc, Ostara, Beltane, Litha, Lughnasad, Samhain and Yule

There are about fifteen people who usually comprise "the evening congregation," and these folks value these services. The problem is they don't all attend on the same evenings. This means that on any given Sunday evening the group is quite small.

I've asked the Worship Committee and the Board to help me enliven and enlarge our Sunday evening gatherings. We think we have come up with a format that will vary what we do on Sunday evenings and hopefully attract more attendance.

Our basic idea is to offer a schedule of different thematic services on the four Sundays of each month. For example, First Sundays might be minister-led sermon/reflection format similar to what we do now. Wheel of the Year celebrations tend to fall on First Sundays also. Second Sundays could be meditation-based services led by various meditation leaders in the congregation. Third Sundays could be music-centered services. Fourth Sundays could be "Exploring our Values" evenings led by the minister or others, similar to what we now do in our Questing Groups programme. The occasional Fifth Sundays could be any of the above or something experimental (poetry and readings evenings?).

I think this approach has promise and is potentially exciting. But I need your help if it is going to fly. I need a few folks willing to help me organize it, some others willing to help lead some services. And most of all, I'm asking everyone to please come some Sunday evenings and lend us your presence and your energy. I realize Sunday nights are school nights, so we're gearing these for adults.

Call me (020-7435-3506) if you can help with this project. Let's make "Sunday Evenings at the Chapel" something special this year.

See you in Chapel...

....Po'n

## Chapel Activities

### Weekly Activities

**Children's Programme** meets every Sunday at the 11.00am service. New children of all ages are always welcome. Infants are welcome in the creche.

**Chapel Choir** rehearses each Wednesday at 7.30pm in the Chapel. New voices are always welcomed into the choir. No audition necessary.

A **Tai Chi class** is held each Wednesday at 5.45pm in the Chapel.

### Monthly Activities and Meetings

**QUESTING GROUPS** – a new Religious Education programme for adults, led by our Minister Rev Patrick O'Neill. Meeting on alternate Thursday evenings – **Thursday 3 April and Thursday 17 April at 7.00pm**, in the Chapel.

**CHAPEL MANAGEMENT BOARD** meets on **Thursday 10 April at 7.00pm** in the Cottage basement science room at the Chapel. Members of the Chapel are welcome to attend but please contact the Chair, Kerry Reid, ahead of time as a courtesy.

**SOCIAL ACTION COMMITTEE** meets on **Tuesday 8 April at 7.30pm**

**CHAPEL BOOK GROUP** – will not meet in April. They will meet again in May at the Magdala at 2a South Hill Park, Hampstead. For further information, please contact Bill Ellington at [ellingtonbill@aol.com](mailto:ellingtonbill@aol.com)

**CHAPEL POETRY GROUP** - If you like to read and /or write poetry, the group meets on **Tuesday 1 April at 7.30pm**. For more information contact George Appleby (Tel: 020 7424 9733, email: [gappleby@talktalk.net](mailto:gappleby@talktalk.net))

**STITCH & STORIES GROUPS** – meet on **Thursday 10 April (1.00-3.00pm) & Thursday 24 April (7.00pm-9.00pm)** - to knit and crochet for various charity projects, and to share personal stories. The group is open to anyone who would like to learn to knit or crochet as well. Everyone is welcome. For more information contact: Ingrid Tavkar (Tel: 020 8455 0162; email: [ingridtavkar@gmail.com](mailto:ingridtavkar@gmail.com))

**POT LUCK LUNCHESS** - The next 'Pot Luck Lunch' will be on Sunday 27 April in the side aisle at 12.30pm (after the morning service). This is an informal, friendly occasions - all are welcome and the request is to bring some food to share or make a financial contribution (£2.50 minimum). We look forward to seeing you there. Margaret Perry

## OUR CHAPEL COMMUNITY

### Questing Groups

A Religious Education Programme for adults  
Led by our Minister, Rev Patrick O'Neill

Meeting at alternate Thursday evenings -

next meetings **Thursday 3 and Thursday 17 April (7.00pm)** in the Chapel.

Free and open to all, call the Chapel office to pre-register 020-7433-3267

Unitarianism sees the human spirit as a pilgrim spirit, a soul in motion. A religious spirit is a spirit in search of a way to live that is authentic and true to itself, called to some serious engagement with the world. It is not about standing still or status quo. Spiritual living is about movement. It's about journey. A religious spirit is by nature a questing spirit.

'Questing Groups' is a programme designed around small groups of six or seven people exploring questions of meaning, value, and purpose. In each session participants are invited to reflect on a short theme piece introducing a "focus question" i.e. What is God? What is Death? What does it mean to be human? What are our obligations in life? What do we wish to accomplish with our lives? What do you hold to be 'Sacred'?

The aim is not to debate these questions, but rather to share from our personal experience what we understand, what we intuit, what we believe, and to discover what we can learn from each other's experience.

Do something good for yourself – come join us, and bring a friend!



### VALUES IN ACTION

Do you feel passionate about a cause, project or issue that demonstrates your Unitarian values?

Are you involved in working, volunteering or campaigning for change and want to tell your chapel friends about it?

The Social Action Committee is delighted to invite you to do so: Rev O'Neill has offered a three-minute slot in which members of the congregation may share news of **VALUES IN ACTION** during morning service on the **first Sunday in the month**.

If you would like to take part, please send details of what you would like to talk about to Social Action Committee member, Claire Julian [claire.marley@mac.com] so that the Committee can co-ordinate these brief contributions to our morning services. Thank you.

Claire Julian (On behalf of Social Action Committee)



One child in 500 has a severe long-term speech and language difficulty likely to affect them throughout their lives.

Afasic - Voice for Life (registered charity no. 1045617) was set up by parents to represent children and young people with speech, language and communication needs (SLCN) and to support their parents.

Now with 2000 members, Afasic supplies information and training for families and professionals, and there is an expert helpline too, a lifeline.  
Afasic UK Helpline 0845 355 55 77

The overall mission is to promote understanding, acceptance, equal opportunities and the inclusion into society of children and young adults with speech and language impairments.

Visit the website for more information - [www.afasic.org.uk](http://www.afasic.org.uk)



### COFFEE & TEA MONEY during April

will be in aid of 'Afasic'  
and our Sunday collection basket  
will also be divided with 'Afasic' during April.



## OUR CHAPEL COMMUNITY

On Sunday 2 March, Margaret Perry presented

### Values in Action – ‘Hospitality’

Until five years ago, and over a period of six years earlier, folk from Zimbabwe lived in my house on a temporary basis. Mutual friends had connected us up. I was the ‘first port of call’ for some people who were forced to leave an oppressive political situation.

One Zimbabwean person, in particular, inspired me and still does, and that was Elizabeth.

She could have been bitter, angry all the time, even over-powered by the events of her life. But such was her strength and chosen reaction that she was the opposite – a strong but very gentle person, looking for feasible solutions and very gifted in so many practical ways. She had been widowed, with five small children, when her husband died in a motor-cycle accident. To support her children in a residential school situation, she was able to work as a house-keeper in a hotel in Bulawayo and was with the children in the school holidays. Only gratitude was expressed by Elizabeth to me, not protest against the endless hours of work that she put in there, for little reward. She could have resented her father, who, as an aspiring white politician in then Southern Rhodesia, could not publicly acknowledge Elizabeth because her mother was a Shona woman. Yet Elizabeth focussed on the fact that she had been loved by him.

Most of us have been able to choose to travel around the world. Elizabeth, like all of her family, had no choice and was forced to leave Bulawayo in order to survive. These, and many more stories accompanied long Saturday lunches in Camden over a period of three years with Elizabeth.

It’s not a platitude to say that I gained more than I gave. My puny moans were put in perspective. And from Elizabeth I learned about resilience, acceptance, patience, and also about forgiveness. Her eldest son, had been killed (intentionally, it was believed) in a student protest. Elizabeth herself, was also supportive of movements for change in her country.

Our Chapel charity for this month (March) is ‘Amnesty’, which in turn gives encouragement to a Zimbabwean Women’s campaigning group – W O Z A (Women of Zimbabwe Arise). I feel that if Elizabeth were in Zimbabwe now, she too would give that group her active encouragement, however peaceful and practical that would be.

In dire situations, a strong human network can emerge. All the Zimbabweans have moved on, yet those strong networks do still remain here, providing mutual support.



### Stitch & Stories Group

The ‘Stitch & Stories’ group meets twice a month to knit and crochet for various charity projects, and to share personal stories. One of the projects we support is ‘Knit for Peace’ (website: [knitforpeace.org.uk](http://knitforpeace.org.uk)) and one of their slogans is: ‘Here at Knit for Peace we believe that knitting is good for people in all sorts of ways. As well as being fun and therapeutic, knitting brings people together and gives us a way of helping others in need’.

The Stitch & Stories Group offers an opportunity for those interested to use their time and talents to create simple treasures for others in need. The group is open to anyone who would like to learn to knit or crochet as well. Everyone is welcome. We meet twice a month - on the 2nd Thursday (1.00-3.00 pm) and 4th Thursday (7.00-9.00 pm) - at 81 Montpelier Rise, London NW11 9DU. Contact: Ingrid Tavkar (Tel: 020 8455 0162 email: [ingridtavkar@gmail.com](mailto:ingridtavkar@gmail.com))



### Decorating the Chapel for Easter Saturday 19 April (10.00am to 1.00pm)

Please come help with window vases and ivy or the egg tree. Many hands make the job more fun and go faster.

If you can join us email Patricia at [petalpat@aol.com](mailto:petalpat@aol.com)

## REFLECTIONS

### What is evil?

#### Unitarian Universalist views of human nature are grounded in human possibility rather than pathology.

Radical fundamentalism casts human existence as an epic, ongoing, still-undecided battle between the forces of good and evil, of the divine versus the demonic. This is the most primitive human myth of all and the most powerful. Wherever humanity has walked, wherever it has gathered to hear fables at firesides or offer ritual around altars, good versus evil is the story at its most elemental and descriptive.

We Unitarian Universalists (UUs) do not have the “easy” solution of a theology that blames all evil on the workings of some devil. But many of us have witnessed unspeakable human acts that can only be described as evil: in Auschwitz, Cambodia, Dresden, Rwanda, and in the barbarity of biological germ warfare. Some formalists would argue that the very existence of evil in the world would seem to negate our humanist valuing of dignity and worth in every person, expressed in the First Principle of Unitarian Universalism. But it seems to me that just the opposite is true. Our cherishing that Principle leads us to live by a view of human nature that is antithetical to radical fundamentalism.

The witness and mission of liberal religion have always been to seek the liberation of the human spirit—in the words of the hymn, from “the bonds of narrow thought and lifeless creed”. We stand willing to testify for a religious approach grounded in human possibility rather than pathology. Our starting place is the exaltation of the human spirit, rather than its denigration.

People are almost equally capable of both good and evil, but most of the time—say, three times out of five—people choose the good. The seesaw tilts just a few degrees toward the good in this tentative world, but those few degrees are the difference between peace and Armageddon. The job of the church is to put the few stubborn ounces of our weight on the side of goodness, and press down for all we’re worth.

**Rev Patrick O’Neill** (Winter 2007)  
Reprinted with permission from a new pamphlet, 'Unitarian Universalist Views of Evil', © 2007



### Evil and Recovery

One of the abilities beings have is perception - they can see. When, through life's happenings, the pictures a being 'looks at' become distorted, the being will, based on these 'views', make irrational, contemptible, insane decisions and then act upon them. Such people are often called evil.

However, the word 'evil' is a vilification. There are others like it, for instance 'destruction'. There is no destruction, there is only creation. What we call destruction is in fact either 'creation - counter-creation' or 'creation – no-creation'. The word 'dirt' is another example of a vilification, as, basically, dirt is just an intermingling of misplaced particles.

We easily accept the concept of people being physically or mentally ill. I consider some people are spiritually ill, although we have found a vilifying word and call them evil instead. Since we are all basically good, I believe no human being is ever evil, only the acts some perform are evil. People who go against their basic nature and perform evil acts are spiritually ill and need help, understanding, guidance and treatment, just like physically and mentally ill people do.

It is easy to attack, condemn and vilify, but so much more useful and valuable to heal, repair and reform, not only for the spiritually ill themselves, but also for their families and the society they live in.

**Britta Burtles**

(Articles express the views of the authors)

### Spring/Passover/Easter

We light our chalice to remember the sorrow, the loss, and the joy that are within this season of the year.

The Passover, that brought freedom from slavery and bondage for the Jewish people, continues to bring light into the world.

Palm Sunday, Good Friday, and Easter, that brought joy and the triumph of life over death for the Christian people, still bring the light of that joy to the world.

The spring equinox, that brings new life bursting forth on the land each year, brings lengthening days of sunlight to all life.

Passover for freedom, Easter for life, spring for rebirth.  
We light our chalice for all three.

*Elizabeth M Strong*

# OUR CHAPEL COMMUNITY

## NEWS FROM THE MANAGEMENT BOARD

Any member of the Chapel is welcome to attend the Management Board meetings as an observer. If you would like to attend, as a courtesy, please contact Kerry Reid (Chair) in advance. The next meeting will be on Thursday 10 April at 7.00pm in the Chapel (in the Cottage 2 Basement Science room).

### Meeting held on 13 February 2014 Kerry Reid as Chair.

**Election of Officers:** James Sefton was elected as Treasurer, Kerry Reid will continue as Chair and Dominic Williams as Vice Chair. Nick Holy-Well Walker kindly agreed to take Minutes.

**Same sex marriage license:** The first bookings are now in the diary for the coming months and the final stage of the licensing process is being completed in time for these. The Board proposed to utilise publicity of this probable "first" for London in order to reach out to new potential members of our community.

**Minister's Visa:** The resident labour market test has been completed by our search committee. They received no applications, excepting Rev O'Neill's and recommended we vote to re-elect Rev O'Neill at the SGM/AGM. This was duly done and the relevant documentation sent to the LDPA to renew their sponsorship of Patrick. He and Patricia can now apply to the UK Border Agency to renew their visas.

**Caretaker's hours:** The Board discussed extending the caretaker's hours from 16 to 32 per week. No firm decision has been made on this at this time.

**Changing / review of accountants:** This issue, which has been in discussion for some time, was brought back to the front burner to be reviewed with immediate effect, in combination with changes to the accounting / IT system to make the work of the Administrator less cumbersome and more transparent. Also, to ensure that liquid assets remaining from the recent sale of property were well placed and safely managed.

**Wheelchair access:** Plans were made to ensure relevant gates and doors were open whenever public access was required. Possible extra facilities such as ramps were also proposed. Also possible improvements to car park rear gate, with a proposal to resume locking these or possibly installing a fob-operated electric gate.

**Board away day:** The Board agreed to have an extra, informal meeting (which took place in Saturday 15th March) to further discuss the shape for the next 12 months, and the issues needing to be worked on.

**Camden Choir rehearsals:** The possibility of a regular Monday evening rehearsal was discussed and dismissed after it was established that in the past they had not been the most straightforward of tenants, and upon balance, the time would be better kept clear for routine weekly maintenance outside school hours.

Nick Holy-Well Walker

### New Management Board

Jane Crispin  
Deborah Frankel  
Nick Holywell-Walker  
Ken Levy  
Christopher Mason  
Jenny Noe-Nordberg  
Kerry Reid (Chair)  
James Sefton (Treasurer)  
Steve Thompson  
Dominic Williams (Vice Chair)



### Worship Assistants

3 April	Zoe Gerrard
13 April	Julia Reid
20 April	Leighton Cole
27 April	Nick Holy-Well Walker

### Stewards

3 April	Leighton Cole & Christopher Mason
13 April	Jim & Britta Burtles
20 April	Ken Levy, George Appleby & Lorna
27 April	Shirley King & Sharon Neal

**APRIL DIARY**

(\* = further details elsewhere in Bulletin)

**Tuesday 1 April**

7.00pm – Poetry group meets\*

**Wednesday 2 April**

5.45pm – Tai Chi class in the Chapel\*

7.30pm – Choir rehearsal in the Chapel\*

**Thursday 3 April**

7.00pm – ‘Questing Groups’ meet in the Chapel\*

**Sunday 6 April**

11.00am – Morning service – ‘The World of Reading.’

Led by the Chapel Book Group

7.00pm – Evening service — ‘The World of Reading.’

Led by Margaret Perry

**Tuesday 8 April**

7.00pm – Social Action Committee meets

**Wednesday 9 April**

5.45pm – Tai Chi class in the Chapel\*

7.30pm – Choir rehearsal in the Chapel\*

**Thursday 10 April**

7.00 – Management Board meets\*

1.00 – 3.00pm – Stitch & Stories Group meet\*

**Sunday 13 April**

11.00am – Morning service – ‘On Remembrance’\*

Led by Rev Dr Patrick T. O’Neill

7.00pm – Evening service – ‘On Remembrance’\*

Led by Rev Dr Patrick T. O’Neill

**Wednesday 17 April**

5.45pm – Tai Chi class in the Chapel

**Thursday 18 April**

7.00pm – ‘Questing Groups’ meet in the Chapel\*

**Saturday 19 April**

10.00am-1.00pm – Easter Flower Decorating in the Chapel\*

**Sunday 20 April – Easter Sunday**

11.00am - Morning service - ‘New Beginnings’\*

Led by Rev Dr Patrick T. O’Neill

**Sunday 20 April**

7.00pm – Evening service - ‘New Beginnings’\*

Led by Rev Dr Patrick T. O’Neill

**Wednesday 23 April**

5.45pm – Tai Chi class in the Chapel\*

**Thursday 24 April**

7.00-9.00pm – Stitch & Stories Group meet\*

**Sunday 27 April**

11.00am - Morning service – ‘Permission To Be: Some Thoughts on Parenting’

Led by Rev Dr Patrick T. O’Neill

12.30pm – Pot Luck Lunch in the side aisle\*

7.00pm – Evening service – ‘Permission To Be: Some Thoughts on Parenting’

Led by Rev Dr Patrick T. O’Neill

**Wednesday 30 April**

5.45pm – Tai Chi class in the Chapel\*

7.30pm – Choir rehearsals in the Chapel\*

**Chapel Directory****Chapel Office**

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